

Our policy is designed to ensure the safety of all park visitors and to reduce the risk of bushfires during periods of high temperatures.

Effective immediately, there will be no access to the main park tracks when temperatures reach 37 degrees or higher, unless otherwise directed. This includes all access to the southern tracks behind the main reception area. Driving will be restricted to Front Valley only, during these times.

We understand that this may cause some inconvenience to our visitors, but we believe it is necessary to take these precautions to minimise the risk of bushfires and ensure the safety of everyone in the park.

The case of an emergency you can contact The 4WD park's reception on UHF radio Channel 15, please be mindful that you may need to contact the The park via mobile on 0488551116 if receptions is poor

In the case of an emergency Channel 5 and 35 are dedicated emergency contact channels.

Additionally, we ask that all drivers be aware of the signs of heat exhaustion and take appropriate measures to stay cool and hydrated while driving. This includes taking regular breaks, staying in the shade whenever possible, and drinking plenty of water.

Our hot weather policy for driving is designed to help you stay safe and comfortable while driving in hot weather conditions. Please take note of the following guidelines:

1. Stay hydrated: It is important to stay hydrated while driving in hot weather. Make sure to bring plenty of water with you and drink it regularly to avoid dehydration.
2. Dress appropriately: Wear loose-fitting, light-coloured clothing that covers as much of your skin as possible. This will help to protect you from the sun's rays and keep you cool.
3. Use air conditioning: If your vehicle is equipped with air conditioning, make sure to use it. This will help to keep the temperature inside the car cool and comfortable.

4. Take breaks: If you are planning a long drive, make sure to take breaks every two hours. This will give you a chance to stretch your legs and cool off.
5. Avoid driving during the hottest part of the day: Try to avoid driving during the hottest part of the day, which is usually between 11 a.m. and 3 p.m.
6. Be aware of the signs of heat exhaustion: If you start to feel dizzy, lightheaded, or nauseous while driving, pull over and take a break. These could be signs of heat exhaustion, which can be very dangerous if left untreated.

**Dehydration symptoms include:**

- mild to severe thirst (remember that thirst is satisfied before fluid loss is fully replaced)
- dry lips and tongue
- slowed mental function and lowered performance
- reduced or dark urine output
- first aid for dehydration
- drink water
- Avoid caffeinated, carbonated and alcoholic drinks, and salt tablets.
- Loosen tight clothing and remove unnecessary clothing, including personal protective equipment (PPE).
- In cases of extreme heat or dehydration, replace electrolytes.

We hope that these guidelines will help you stay safe and comfortable while driving in hot weather conditions. If you have any questions or concerns, please do not hesitate to contact us.